



Brain  Thrive
by 25



JUMP START YOUR FUTURE

Earn 3 College Credits Today!

What is Brain Thrive by 25?

Brain Thrive by 25 is a practical brain science course which was created to increase student achievement and graduation rates by teaching students about the importance of brain function.

What We've Learned:

By studying 330 students, we've found this course significantly:

- Decreased drug, alcohol and tobacco use
- Decreased depression
- Increased self-esteem

What You'll Learn:

Brain Thrive by 25 offers 12 online lessons that include:



How to sharpen your focus, learn faster and enhance memory skills



How the brain develops and impacts your life



How to avoid bad brain habits, and replace them with healthy habits

What Will You Earn?

3 College Credits

Open to both undergraduate and high school students, this course offers the option to earn 3 college credits transferable to any accredited university.

Find out more about what this course can do for you, visit www.brainthriveby25.com

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